I health sciences



Department of Health Sciences

Bachelor- & Master Programmes | Research Institute



At a Glance

The Department of Health Sciences is responsible for approximately 600 students in three Bachelor programmes, an interdisciplinary Master programme and three continuing education courses. The Institute of Health Sciences, which is also located in the department, combines the core competencies of the study programmes in three interdisciplinary research areas.

Bachelor Programme

Dietetics

Nutrition as part of medical therapy: Food is more than just nourishment. In medical specialist disciplines dietetic treatment is an important and constant component in the therapy plan. Sound theoretical knowledge is combined with a high degree of practical relevance in prevention and dietetic treatment, in consulting and communication as well as in research and management competencies. Graduation: Bachelor of Science in Health Studies (BSc) Length of course: 6 semesters

Healthcare and Nursing

The healthcare and nursing professions have to meet increasing quality standards, advancing technology and growing economic demands. The modular study programme offers ideal training: The course contents are based on current nursing science and include diagnostic, rehabilitative and therapeutic measures for the promotion of health, prevention of illness and care for ill and disabled people. Comprehensive practical study phases in each semester ensure a sound foundation for the general practice of nursing. Graduation: Bachelor of Science in Health Studies (BSc)

Length of course: 6 semesters

Physiotherapy

The evolutionary heritage of human beings is motoric activity. Graduates of Physiotherapy restore and optimize movement processes taking into account patients' needs and social requirements. A high degree of practical training guarantees comprehensive skills and competencies. Graduation: Bachelor of Science in Health Studies (BSc) Length of course: 6 semesters

Master Programme

Digital Healthcare

The healthcare of tomorrow needs the innovation of today. Health professionals and technical experts learn to work on a common language in two focal areas: Healthcare Technology Development and Healthcare Technology Assessment. Those who benefit are patients, relatives and healthcare professionals.

Graduation: Master of Science in Engineering (MSc) Length of course: 4 semesters

Further Education

Applied Nutritional Therapy

The continuing education course enables nutritionists to obtain the professional licence for dieticians and to be active in nutritional therapy.

Youth Nutrition Mentor

The certificate course teaches the basic concepts of an appropriate nutrition-oriented diet as well as nutrition competencies for out-of-school youth work.

Preclinical Care and Nursing

Students in the Bachelor programme Healthcare and Nursing can complete the training to become a rescue/ emergency paramedic within the framework of the academic course for Preclinical Care and Nursing.

Department Highlights

The department focuses on a close interrelationship between teaching, research and practice. It cooperates with over 400 regional, national and international partner organizations from the business, science and healthcare sector. Students are prepared for their future professional practice with a combination of scientifically based theoretical teaching including comprehensive practical training in clinics and healthcare facilities as well as through simulation training in specially equipped laboratories. With a programme that began in 2015, St. Pölten UAS was the first Austrian university of applied sciences to offer training for rescue and emergency paramedics that can be completed within the framework of the Bachelor programme Healthcare and Nursing.



Research Activities at the Institute of Health Sciences

The institute offers an interdisciplinary research environment within the health and technical sciences and reflects and addresses fundamental themes and questions at the forefront of its three research areas: Health Promotion & Healthy Ageing, Clinical & Healthcare Research and Education & Lifelong Learning for Health Professionals.

The Institute of Health Sciences has received several awards for its innovative R&D activities: among others, the Vienna Health Promotion Prize, the Lower Austrian Innovation Prize and the Research Promotion Prize of the Austrian Crohn's Disease Association.

Fields of Research





Version: October 2017

St. Pölten Vienna

St. Pölten UAS

St. Pölten University of Applied Sciences

St. Pölten is a 25 minute train ride west of Vienna on the Rhine-Danube Corridor with multiple international railway and motorway connections.

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